



**HOPE  
FOR SCHOOLS**

COVID-19 has changed our world. These changes can be challenging for many and in some cases can impact overall functioning at home, school, or both.

Below are some questions to ask yourself about how well students in your class are adjusting to these new changes.



Contact Us Today!

Call 706-279-0405  
or Visit  
[www.gahope.org](http://www.gahope.org)

If you selected at least one of the items on this checklist, the student could benefit from mental health services.

Make a referral by completing our online enrollment form at [www.gahope.org](http://www.gahope.org)

- Back to School Mental Health Screener -  
Adjusting in the Midst of COVID-19**
- Constantly worries about health of self or others or experiences separation anxiety
  - Has difficulty concentrating or being still at school, home, or both
  - Demonstrates low mood, tearfulness, or feelings of hopelessness
  - Has difficulty adapting to new routines (i.e. wearing facemasks, not seeing friends, social distancing, etc.)
  - Frequently disruptive (unable to be redirected, pulls attention away from teacher, unable to follow directions, etc.)

Teachers aren't immune to all of these difficult changes. HOPE is here for you too!

Affordable self-pay rates are available. Call 706-279-0405 ext 149 or email [inquiries@gahope.org](mailto:inquiries@gahope.org) to learn more or get started today.